

Community

Monadnock at Home expands

Monadnock at Home, an organization that supports individuals who want to remain independent in their own homes as they age, has recently expanded to Harrisville. As a result, its membership has grown to 88 households representing 126 individuals.

In addition to Harrisville, members also reside in Jaffrey, Dublin, Hancock,

New Ipswich, Peterborough, Fitzwilliam and Rindge.

MaH was founded four years ago, in support of the idea that most individuals age 62 and above prefer to stay in their own homes rather than moving into one of our local retirement communities. MaH offers a long list of "home helpers" all of whom have been vetted.

For more information, contact Cindy Bowen, MaH Executive Director at 603-371-0809 or ed@monadnockathome.org.