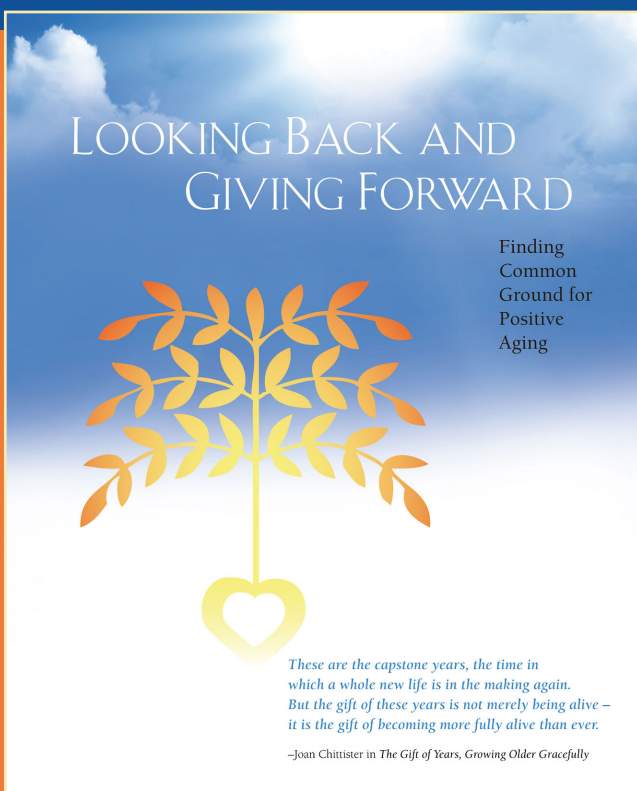



WANTED

People in the best years of their lives who want to make them even better



IN THIS PROGRAM,
you will have an
opportunity to reflect
with others who are
also exploring this
new lifetime.

Looking Back and Giving Forward[®] is a 7-part program for people 60 and older that takes you on a guided exploration of your life and helps you create a **living** legacy for greater satisfaction and meaning in everyday life.

- The program will be offered at **no cost** in three different locations  in the Monadnock Region through the support of the New Hampshire Charitable Foundation.
- Each participant will receive a workbook with reflection questions that are bound to generate some important and interesting conversations.
- Groups will meet for about 2 hours each session.

For questions and to make a reservation, please contact Andi Johnson at 603-827-3113 or Andi@lumunos.org. Groups will begin by May 1.

Exact dates and locations will be announced.

